

COVID-19 Vaccines and Pregnancy



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KNOW THE FACTS

- The American College of Obstetricians and Gynecologists recommends that pregnant individuals be vaccinated against COVID-19.
- Pregnant people across the country have chosen to get vaccinated. The evidence shows that the vaccines are safe during pregnancy.
- Vaccination can help prevent severe illness from COVID-19, which can be dangerous for you and your fetus.
- If you are vaccinated and breastfeeding, the antibodies made by your body may be passed through breast milk and may help protect your newborn from the virus.

2

SLOW THE SPREAD

- Encourage your loved ones to get a COVID-19 vaccine so that they can help protect your family and community from infection.
- If you are not yet fully vaccinated, wear a face mask in public, limit contact with people who might have COVID-19, and follow other recommendations from health officials to prevent infection. Find CDC guidance at: bit.ly/PregnantPeople
- Cover your mouth when you cough or sneeze.
- Clean your hands often for 20 seconds with soap and water or hand sanitizer that contains at least 60% alcohol.

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TALK WITH YOUR OBSTETRICIAN-GYNECOLOGIST

- If you have questions about COVID-19 vaccination, talk with your obstetrician-gynecologist.
- Before an in-person visit for prenatal and postpartum care, tell your obstetrician-gynecologist if you think you may have COVID-19 or have been in contact with someone who has it.

Learn more: acog.org/COVID-Pregnancy